

The Ultimate Traveler's Checklist



Travel Security

- TSA-approved quart size bag for liquids
- TSA 3-1-1 approved bottles
- TSA luggage lock/cable
- RFID-blocking money belt or neck wallet

Electronics

- Smart phone and charger
- Laptop/Tablet/eReader
- Charging cords
- Plug adapters with USB ports
- Portable battery for electronics
- Headphones/earbuds
- Digital camera/Go Pro with memory cards/chargers
- Extra batteries
- Micro flashlight

Bags

- Carry-on bag: confirm size/weight with airline
- Check-through larger bag: confirm size/weight with airline
- Personal bag: large tote or backpack (pack handbag inside)
- Cross body handbag
- Backpack/tote bag
- Collapsible shopping tote
- Packable duffel/backpack

Packing Organizers

- Re-sealable plastic bags (snack, quart and 1-2 gallon sizes)
- Hanging toiletry kit
- Compression bags
- Packing cubes, folders
- Large plastic bags/dry cleaner bags (minimize wrinkles)

Travel Documents

- Passport, visas, extra photos
- Airline info, travel itinerary, travel documents
- Cash, ATM/debit card
- Two credit cards and a pre-loaded money card
- Health, travel insurance, vaccination info
- List of medications, prescriptions
- Emergency contact info
- Photocopies of all documents (or scan and email to secure email)
- Leave a copy of above with family
- Photos of travel companions
- Guidebook, maps
- Pen and small notebook

Personal Care Items

- Medications, vitamins
- Pain reliever, antacids
- Personal hygiene items
- Comb/brush
- Toothbrush/paste, floss, mouth wash
- Shampoo, conditioner
- Deodorant, hand soap
- Skin care/lotion
- Hair ties
- Shaving supplies
- Makeup/makeup remover wipes
- Travel washcloth
- Facial tissues
- Glasses, contacts, solution
- Sunglasses
- Insect repellent
- Sunscreen, lip balm
- Nail clippers, tweezers
- First aid kit, band-aids
- Travel clothes line, laundry soap packets
- Multi-use travel towel

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Travel Comfort

- Neck pillow/lumbar pillow
- Eye shades, ear plugs, eye drops
- Blanket/large scarf
- Healthy snacks, mints
- Reusable water bottle
- Compression socks
- Motion sickness remedy
- Hand sanitizer/wet wipes
- Lip balm, lotion

Extras to Consider

- Travel umbrella
- House keys/car keys
- Travel alarm clock
- Hair dryer
- Dual voltage curling iron/hair straightener
- Sewing repair kit
- Eye-glass repair kit
- Photos from home
- Slippers
- Granola bars, fiber bars
- Duct tape, compass
- Thank you cards, gifts
- Digital luggage scale
- Perfume atomizer
- Picnic supplies
- Travel makeup mirror
- Address labels for post cards
- Business cards
- Highlighter, binder clips

Clothing

- Walking shoes
- Sandals, flip flops
- Dressier shoes
- Socks, underwear
- Skirts, dress, scarf
- Long sleeve/collared shirt
- Belt, scarf/accessories
- Casual pants and shorts
- T-Shirts - variety
- Sweater/fleece
- Swim wear/sarong
- Sleep wear
- Athletic wear
- Rain coat with hood
- Gloves, hat, scarf